COUNSELING (COUN)

COUN F601  Research in Counseling and Educational Settings  
3 Credits  
Offered Summer  
Provides an in-depth understanding of research occurring in educational and behavioral healthcare settings. Provides basic knowledge in utilizing a needs assessment and program evaluation to guide program planning and evaluate effectiveness. Addresses basic qualitative, quantitative, mixed methods and indigenous research designs. Addresses knowledge and skills for becoming critical consumers of research in education and behavioral healthcare settings.  
Prerequisites: Admittance to Master of Education Counseling or School Counselor Graduate Certification program.  
Lecture + Lab + Other: 3 + 0 + 0

COUN F615  Foundations of Counseling  
3 Credits  
Offered Fall and Spring  
Introduction to the philosophies, organization, patterns and techniques that aid counselors in preparing clients for responsible decision-making in modern society. Contact counseling department for semesters offered.  
Prerequisites: Admittance to Master of Education Counseling or School Counselor Graduate Certification program.  
Lecture + Lab + Other: 3 + 0 + 0

COUN F617P  Pre-practicum  
3 Credits  
Offered As Demand Warrants  
This course is structured as a fundamental counseling skills course, with the purpose of developing relationship building, basic assessments, goal setting, selecting client-aligned interventions, and evaluation of client outcomes required for Field Practicum. The course is designed as a content and practice-oriented skills development experience within a safe and encouraging environment.  
Prerequisites: COUN F615; COUN F623; COUN F647; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.  
Lecture + Lab + Other: 3 + 0 + 0

COUN F623  Counseling Theories and Applications I  
3 Credits  
Offered Fall and Summer  
A survey of the major theoretical systems of counseling and psychotherapy combined with a laboratory experience focused on building microskills in counseling. Specific application of theoretical principles will be investigated, analyzed and described. Contact counseling department for semesters offered.  
Prerequisites: Admittance to Master of Education Counseling or School Counselor Graduate Certification program.  
Lecture + Lab + Other: 3 + 2 + 0

COUN F627  Developmental Interventions  
3 Credits  
Offered Spring  
Designed to give students an opportunity for limited practice in applying developmental theory to work with children and youth. Attention is placed on assisting children and youth to accomplish developmental tasks appropriate to their psychological growth.  
Prerequisites: COUN F623; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.  
Lecture + Lab + Other: 3 + 0 + 0

COUN F628  Child and Adolescent Development  
3 Credits  
Offered Fall and Summer  
Focus on developmental processes and sequences of change that children experience within each developmental domain from birth through adolescence. Contact counseling department for semesters offered.  
Prerequisites: Admittance to Master of Education Counseling or School Counselor Graduate Certification program.  
Lecture + Lab + Other: 3 + 0 + 0

COUN F629  Counseling Interventions for Adults  
3 Credits  
Offered Fall  
Examines various intervention strategies for working primarily with adult individuals in a variety of settings. Attention is placed on assisting adults in accomplishing developmental tasks appropriate to their psychosocial growth. Descriptive intervention techniques with respect to assessing individuals in crisis will be discussed and strategies for handling those crisis situations will be examined.  
Prerequisites: COUN F623; admittance to Master of Education Counseling or School Counselor Graduate Certification program.  
Lecture + Lab + Other: 3 + 0 + 0

COUN F630  Appraisal for Counselors  
3 Credits  
Offered Fall and Spring  
Introduction to the kinds of assessment information school and community counselors utilize in the assessment process.  
Prerequisites: COUN F623; admittance to Master of Education Counseling or School Counselor Graduate Certification program.  
Lecture + Lab + Other: 3 + 0 + 0

COUN F632  Career Development  
3 Credits  
Offered Spring and Summer  
An introduction to the theories of career development, career choices and how to translate theory into practice. Emphasis will be on career education development and the utilization of information resources for facilitating the career choice decision-making process.  
Prerequisites: COUN F615; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.  
Lecture + Lab + Other: 3 + 0 + 0

COUN F634P  Practicum  
3 Credits  
Offered Fall and Spring  
Supervised practice in basic counseling skills and techniques. Supervised work with one-on-one counseling relationships. Actual practice in listening, problem identification, goal setting and session management.  
Prerequisites: COUN F615, COUN F623, COUN F647; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.  
Lecture + Lab + Other: 2 + 7 + 0
Lecture + Lab + Other:
Counselor Graduate Certification program.
Prerequisites:
practice.
to demonstrate knowledge of the principles of these ethical codes in
these general principles to specific cases. Students will be expected
and compared. Students will be provided with opportunities to apply
American School Counseling Association will be examined, discussed
Offered Fall and Spring
3 Credits
COUN F647 Professional Ethics
Lecture + Lab + Other: 3 + 0 + 20
COUN F635 Field Practicum
3 Credits
Offered Fall and Spring
Field practicum serves as the first external training placement in the
Counseling program’s practicum and internship training series. This
placement offers the counselor-in-training introductory exposure,
experience and supervised practice in the broad scope of activities
engaged in by fully credentialed school counselors or licensed
professional counselors.
Prerequisites: COUN F627, COUN F628, COUN F629, COUN F638,
COUN F617P or COUN F634P; Admittance to Master of Education
Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 5
COUN F636 Internship I
3 Credits
Offered Fall, Spring and Summer
Supervised practice in school or community setting. Focus on directed
practice of particular skills relevant to the counselor’s role. Weekly
seminars will cover actual and role playing situations providing
opportunities to operationalize theory in counseling, interventions and
ethical issues.
Prerequisites: COUN F634P; Admittance to Master of Education
Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0 + 20
COUN F638 Adult Development
3 Credits
Offered Spring
An overview of physical, cognitive, personality and social development
across the adult life span, from high school graduation through death.
Major theories and research findings in the field of adult development
are explored with an emphasis on examining how individuals progress
through a series of predictable stages during their lifetime.
Prerequisites: COUN F615; admittance to Master of Education
Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
COUN F646 School Counseling
3 Credits
Offered Fall
Topics related to the role of the school counselor such as consultation,
career guidance and culturally appropriate assessment.
Prerequisites: COUN F623; Admittance to Master of Education
Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 3 + 0
COUN F647 Professional Ethics
3 Credits
Offered Fall and Spring
The ethical standards of the American Counseling Association and the
American School Counseling Association will be examined, discussed
and compared. Students will be provided with opportunities to apply
these general principles to specific cases. Students will be expected
to demonstrate knowledge of the principles of these ethical codes in
practice.
Prerequisites: Admittance to Master of Education Counseling or School
Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
COUN F650 Multicultural Psychopathology
3 Credits
Offered Fall
An overview of contemporary perspectives on child and adult
psychological disorders from the perspective of cultural psychology.
Fundamentals of therapeutic interviewing. Training in use of the DSM-IV
diagnostic system. Examination of the role of culture, ethnicity, gender
and social class in symptom formation and the experience of illness, and
critical examination of these issues in clinical application of the DSM-IV.
Training in DSM-IV cultural formulation.
Prerequisites: PSY F345; COUN F623; Admittance to Master of Education
Counseling or School Counselor Graduate Certification program.
Cross-listed with PSY F650.
Lecture + Lab + Other: 3 + 0 + 0
COUN F651 Counseling for Addictions
3 Credits
Offered Spring
An in depth analysis of the theoretical models explaining addiction,
guiding treatment and supporting recovery. The physiological,
psychological and behavioral influences of various substances and
addictions and their associated classifications, are addressed. Particular
attention is given to the most common substances of use in Alaska as
well as rural communities in circumpolar north and the United States.
Prerequisites: COUN F650; Admittance to Master of Education
Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
COUN F660 Multicultural Counseling (a)
3 Credits
Offered Spring
An examination of cultural and ethnic variables in human nature and
their effect on the counseling process. Specific focus will be placed
on the nature and function of culture, cultural variables in the context
of the human experience, universal and culture specific aspects of the
counseling process, barriers to effective cross-cultural counseling,
specific ethnic and cultural considerations, and methods of intellectual
training with special emphasis on Alaskan applications.
Prerequisites: Admittance to Master of Education Counseling or School
Counselor Graduate Certification program.
Cross-listed with PSY F661.
Lecture + Lab + Other: 3 + 0 + 0
COUN F666 Family and Couples Counseling
3 Credits
Offered Fall
Survey of concepts and theories of function and dysfunction in the area
of couples and families as social networks. Introduction to the skills
necessary for intervention in these systems.
Prerequisites: COUN F623; Admittance to Master of Education
Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
COUN F667  Ethnicity and Family Studies
3 Credits
Offered As Demand Warrants
This course is designed to focus on the contribution of ethnic background to family makeup and functioning. Major ethnic groups are studied along with the counseling, social justice, and advocacy approaches appropriate to each. In a similar fashion, the overarching cultural context of relationships, including factors such as age, gender, sexual orientation, religious and spiritual values, mental and physical characteristics, education, family values, socioeconomic status, and within group as well as between group cultural differences are examined. Theories of multicultural counseling, and systems-oriented intervention strategies (couple, family, group, and community) are considered. Counselor cultural self-awareness and the role of counseling in eliminating biases, prejudice, oppression, and discrimination are emphasized.
Prerequisites: COUN F666.
Lecture + Lab + Other: 3 + 0 + 0

COUN F674  Group Counseling
3 Credits
Offered Spring and Summer
Kinds and types of groups with emphasis on methods, problems and skills needed in working with groups in a counseling situation.
Prerequisites: COUN F623; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0

COUN F686  Internship II
3 Credits
Offered Fall, Spring and Summer
Opportunity to perform all the activities that a regularly employed counselor is expected to perform in a school or community setting. At the completion of the internship, the student will be able to demonstrate knowledge and skills needed to administer school and/or community counseling services.
Prerequisites: COUN F636; admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 20

COUN F687  Internship III
3 Credits
Offered Fall, Spring and Summer
The course is designed to give counseling program candidates experience and supervised practice in the broad scope of activities (i.e. record keeping, individual and group counseling, information and referral, consultation, in-service and staff/faculty meetings, supervision) engaged in by either fully credentialed school counselors or licensed professional counselors.
Prerequisites: COUN F686; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 20

COUN F688  Internship IV
3 Credits
Offered Fall, Spring and Summer
The course is designed to give counseling program candidates experience and supervised practice in the broad scope of activities (i.e. record keeping, individual and group counseling, information and referral, consultation, in-service and staff/faculty meetings, supervision) engaged in by either fully credentialed school counselors or licensed professional counselors.
Prerequisites: COUN F687; Admission to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 20

COUN F692  Seminar
1-6 Credits
Prerequisites: COUN F692; Admission to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 1-6 + 0 + 0

COUN F698  Non-thesis Research/Project
1-6 Credits
Prerequisites: COUN F692; Admission to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 0 + 0 + 0

COUN F699  Thesis
1-9 Credits
Prerequisites: COUN F698; Admission to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 0 + 0 + 0