Counseling (COUN)

School of Education
Counseling Program (https://www.uaf.edu/soe/academics.php)
907-474-7341

COUN F601 Research in Counseling and Educational Settings
3 Credits
Offered Spring and Summer
Provides an understanding of research occurring in educational and behavioral healthcare settings. Provides basic knowledge in utilizing a needs assessment and program evaluation to guide program planning and evaluate effectiveness. Addresses basic qualitative, quantitative, mixed methods and Indigenous research designs. Addresses knowledge and skills for becoming critical consumers of research.
Prerequisites: Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F615 Foundations of Counseling
3 Credits
Offered Fall and Spring
Introduction to the philosophies, organization, patterns and techniques that aid counselors in preparing clients for responsible decision-making in modern society. Contact counseling department for semesters offered.
Prerequisites: Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Corequisites: COUN F647.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F617P Counseling Skills
3 Credits
Offered Fall and Spring
This course is a fundamental counseling skills course, with the purpose of developing relationship building, basic assessments, goal setting, selecting client-aligned interventions, and evaluation of client outcomes required for Field Practicum. The course is designed as a content and practice-oriented skills development experience within a safe and encouraging environment.
Prerequisites: COUN F615; COUN F647; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Corequisites: COUN F660.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Pass/Fail Grades

COUN F623 Counseling Theories and Applications I
3 Credits
Offered As Demand Warrants
A survey of the major theoretical systems of counseling and psychotherapy combined with a laboratory experience focused on building microskills in counseling. Specific application of theoretical principles will be investigated, analyzed and described. Contact counseling department for semester availability.
Prerequisites: COUN F617P; COUN F660; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Special Notes: Fall, Spring and Summer As Demand Warrants.
Lecture + Lab + Other: 3 + 2 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F627 Developmental Interventions
3 Credits
Offered As Demand Warrants
Designed to give students an opportunity for limited practice in applying developmental theory to work with children and youth. Attention is placed on assisting children and youth to accomplish developmental tasks appropriate to their psychological growth. Special Notes: Offered Spring and Summer As Demand Warrants
Prerequisites: COUN F623; COUN F628; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F628 Child and Adolescent Development
3 Credits
Offered Fall and Summer
Focus on developmental processes and sequences of change that children experience within each developmental domain from birth through adolescence. Contact counseling department for semesters offered.
Prerequisites: Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F629 Counseling Interventions for Adults
3 Credits
Offered Fall
Examines various intervention strategies for working primarily with adult individuals in a variety of settings. Attention placed on assisting adults in accomplishing developmental tasks appropriate to their psychosocial growth. Descriptive intervention techniques with respect to assessing individuals in crisis are discussed and strategies for handling those crisis situations are examined.
Prerequisites: COUN F623; COUN F638; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F630 Appraisal for Counselors
3 Credits
Offered Fall and Spring
Introduction to the kinds of assessment information school and community counselors utilize in the assessment process.
Prerequisites: Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F632 Career Development
3 Credits
Offered Spring and Summer
An introduction to the theories of career development, career choices and how to translate theory into practice. Emphasis will be on career education development and the utilization of information resources for facilitating the career choice decision-making process.
Prerequisites: COUN F623; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F634P Practicum
3 Credits
Offered As Demand Warrants
Supervised practice in basic counseling skills and techniques. Supervised work with one-on-one counseling relationships. Actual practice in listening, problem identification, goal setting and session management.
Prerequisites: COUN F623; COUN F627 or COUN F629; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 2 + 7 + 0
Grading System: Pass/Fail Grades

COUN F635 Field Practicum
3 Credits
Offered Fall and Spring
Field practicum serves as the first external training placement in the Counseling program's practicum and internship training series. This placement offers the counselor-in-training introductory exposure, experience and supervised practice in the broad scope of activities engaged in by fully credentialed school counselors or licensed professional counselors.
Prerequisites: COUN F623, COUN F627 or COUN F629; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Special Notes: This course will require an in-person residency component.
Lecture + Lab + Other: 3 + 0 + 5
Grading System: Pass/Fail Grades

COUN F636 Internship I
3 Credits
Offered As Demand Warrants
Supervised practice in school or community setting. Focus on directed practice of particular skills relevant to the counselor's role. Weekly seminars will cover actual and role-playing situations providing opportunities to operationalize theory in counseling, interventions and ethical issues. Special Notes: Fall, Spring and Summer As Demand Warrants
Prerequisites: COUN F623; COUN F635; COUN F646; COUN F648 (concurrent for School Counseling Students); COUN F649 or COUN F650; COUN F674; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 20
Grading System: Pass/Fail Grades
Repeatable for Credit: May be taken 2 times for up to 6 credits

COUN F638 Adult Development
3 Credits
Offered Spring
An overview of physical, cognitive, personality and social development across the adult life span, from high school graduation through death. Major theories and research findings in the field of adult development are explored with an emphasis on examining how individuals progress through a series of predictable stages during their lifetime.
Prerequisites: COUN F615; admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F646 Introduction to School Counseling
3 Credits
Offered Fall
Introduction to School Counseling is designed to provide students with an overview of the roles, responsibilities, functions, and characteristics of the school counselor within a comprehensive K-12 counseling program.
Prerequisites: COUN F623; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 3 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F647 Professional Ethics
3 Credits
Offered Fall and Spring
The ethical standards of the American Counseling Association and the American School Counseling Association will be examined, discussed and compared. Students will be provided with opportunities to apply these general principles to specific cases. Students will be expected to demonstrate knowledge of the principles of these ethical codes in practice.
Prerequisites: Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Corequisites: COUN F615.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F648 Advanced School Counseling
3 Credits
Offered Spring
Students gain an in-depth understanding of specialized topics, school counseling models and how to implement and manage a comprehensive developmental school counseling program, meeting the diverse needs of children and adolescents. Specialized topics are examined in more depth as students are taught models that can be applied in school settings.
Prerequisites: COUN F646.
Special Notes: This is an advanced-level course that is an extension of COUN F646 – Introduction to School Counseling.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F649 Child Psychopathology
3 Credits
Offered Fall
This course provides an overview of emotional and behavior disorders of children and adolescents, emphasizing epidemiology, etiology and relevant diagnostic criteria. Common diagnoses experienced by school-aged youth, such as autism spectrum disorder, ADHD, bipolar disorder, eating disorders, obsessive-compulsive disorder, social anxiety disorder, PTSD, self-harm, grief and bereavement will be examined.
Prerequisites: COUN F623; COUN F628.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F650 Multicultural Psychopathology
3 Credits
Offered Fall
Overview of psychological disorders from the perspective of cultural psychology. Fundamentals of therapeutic interviewing. Training in clinical application of the DSM-5-TR diagnostic system. Examination of the role of culture, ethnicity, gender and social class in symptom formation and the experience of illness.
Prerequisites: COUN F623; COUN F638; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F651 Counseling for Addictions
3 Credits
Offered Fall and Spring
An in-depth analysis of the theoretical models explaining addiction, guiding treatment, and supporting recovery. The physiological, psychological, and behavioral influences of various substances and addictions and their associated classifications are addressed. Attention on the most common substances of use in Alaska as well as rural communities in the circumpolar North.
Prerequisites: COUN F649 or COUN F650; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F660 Multicultural Counseling
3 Credits
Offered As Demand Warrants
An examination of cultural and ethnic variables in human nature and their effect on the counseling process. Focus on the nature and function of culture, universal- and culture-specific aspects of the counseling process, barriers to effective cross-cultural counseling, and methods of intellectual training with emphasis on Alaskan applications.
Prerequisites: COUN F615; COUN F647; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Corequisites: COUN F617P.
Special Notes: Fall and Spring and As Demand Warrants.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F666 Family and Couples Counseling
3 Credits
Offered Fall and Spring
Survey of concepts and theories of function and dysfunction in the area of couples and families as social networks. Introduction to the skills necessary for intervention in these systems.
Prerequisites: COUN F623; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F674 Group Counseling
3 Credits
Offered As Demand Warrants
Kinds and types of groups with emphasis on methods, problems and skills needed in working with groups in a counseling situation.
Prerequisites: COUN F623 (may be taken concurrently); Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Special Notes: Spring and Summer As Demand Warrants.
Lecture + Lab + Other: 3 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus

COUN F686 Internship II
3 Credits
Offered Fall, Spring and Summer
Opportunity to perform all the activities that a regularly employed counselor is expected to perform in a school or community setting. At the completion of the internship, the student will be able to demonstrate knowledge and skills needed to administer school and/or community counseling services.
Prerequisites: COUN F636; Admittance to Counseling program or School Counseling Certification program.
Lecture + Lab + Other: 3 + 0 + 20
Grading System: Pass/Fail Grades
Repeatable for Credit: May be taken 2 times for up to 6 credits

COUN F687 Internship III
3 Credits
Offered Fall, Spring and Summer
The course is designed to give counseling program candidates experience and supervised practice in the broad scope of activities (i.e. record keeping, individual and group counseling, information and referral, consultation, in-service and staff/faculty meetings, supervision) engaged in by either fully credentialed school counselors or licensed professional counselors.
Prerequisites: COUN F686; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 20
Grading System: Pass/Fail Grades
Repeatable for Credit: May be taken 2 times for up to 6 credits

COUN F688 Internship IV
3 Credits
Offered As Demand Warrants
The course is designed to give counseling program candidates experience and supervised practice in the broad scope of activities (i.e. record keeping, individual and group counseling, information and referral, consultation, in-service and staff/faculty meetings, supervision) engaged in by either fully credentialed school counselors or licensed professional counselors.
Prerequisites: COUN F687; Admittance to Master of Education Counseling or School Counselor Graduate Certification program.
Lecture + Lab + Other: 3 + 0 + 20
Grading System: Pass/Fail Grades

COUN F692 Seminar
1-6 Credits
Lecture + Lab + Other: 1-6 + 0 + 0
Grading System: Letter Grades with option of Plus/Minus
Repeatable for Credit: May be taken 98 times for up to unlimited credits

COUN F698 Non-thesis Research/Project
1-6 Credits
A supervised non#thesis research or project experience in which students investigate a topic, problem, or creative inquiry relevant to their field of study. Work culminates in a substantial project, report, or other approved product demonstrating applied knowledge and skills.
Lecture + Lab + Other: 0 + 0 + 0
Grading System: Pass/Fail Grades
Repeatable for Credit: May be taken unlimited times for up to 99 credits

COUN F699 Thesis
1-9 Credits
Independent thesis or dissertation research conducted under faculty supervision, leading to the development, writing, and defense of an original scholarly work that contributes to the student's discipline.
Lecture + Lab + Other: 0 + 0 + 0
Grading System: Pass/Fail Grades
Repeatable for Credit: May be taken unlimited times for up to 99 credits