A.A.S., HUMAN SERVICES

Concentrations: Addictions Counseling, Behavioral Health and Interdisciplinary Concentration

Minimum Requirements for Degree: 63 credits
Students must earn a C grade or better in each course.

<table>
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<tr>
<th>Code</th>
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| General University Requirements

Complete the general university requirements. (http://catalog.uaf.edu/certificates-associate/)

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| A.A.S. Degree Requirements

Complete the A.A.S. degree requirements. (http://catalog.uaf.edu/certificates-associate/summary-of-certificate-and-associate-degree-requirements/#associateofappliedsciencetext)

Program Requirements

HUMS F101  Introduction to Human Services  3
HUMS F102  Standards of Practice  2
HUMS F120  Cultural Diversity in Human Services  3
HUMS F125X  Introduction to Addictive Processes  3
HUMS F202  Standards of Practice II  1
HUMS F215  Individual Interviewing  3
HUMS F232  Human Service Practicum I  3
HUMS F233  Human Service Practicum II  3
HUMS F301  Ethics in Human Service  3
PSY F101X  Introduction to Psychology  3

Concentrations

Complete one of the following concentrations:  12-21

- Addictions Counseling
- Behavioral Health
- Interdisciplinary Concentration

Concentrations

**ADDITIONS COUNSELING**

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| HUMS F105  Personal Awareness and Growth  3
| HUMS F205  Basic Principles of Group Counseling  3
| or HUMS F210  Crisis and Grief Counseling  3
| HUMS F250  Current Issues in Human Services (or any 1-credit course approved by the human services program)  1
| HUMS F260  History of Alcohol in Alaska  1
| HUMS F261  Substance Abuse Assessment: ASAM PPC II  1
| HUMS F263  Fetal Alcohol Spectrum Disorder  1
| HUMS F266  Co-occurring Disorders  2
| HUMS F305  Substance Abuse Counseling  3

Complete one of the following family courses:  2-3

- ECE F342  Family Relationships
- HUMS F140  Family Dynamics

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| PSY F240  Psychology of Development  
RHS F120  Family Systems I

**BEHAVIORAL HEALTH**

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| HUMS F205  Basic Principles of Group Counseling  3
| HUMS F210  Crisis and Grief Counseling  3
| HUMS F280  Prevention and Community Development  3
| HUMS F290  Case Management  3
| HUMS F305  Substance Abuse Counseling  3
| SOC F242  The Family: A Cross-cultural Perspective  3

Elective credits (approved by human services program coordinator)  3

If the student is a social work or justice major, then select one of the following in place of an elective:

Social Work Majors:

SWK F103X  Introduction to Social Work

Justice Majors:

JUST F110X  Introduction to Justice

**INTERDISCIPLINARY CONCENTRATION**

**a.** The interdisciplinary concentration option is made available to students based on their individual needs and goals for specific vocational preparation. The interdisciplinary concentration will include 12 credits at the F200 level or above from the disciplines of social work, psychology, sociology, justice or human services. Three credits from these disciplines can be at the F100 level.

**b.** The interdisciplinary concentration will be reviewed and approved by the human services program coordinator, another human services faculty member and a faculty member representing at least one other discipline. Criteria for the approval of the interdisciplinary concentration is based on the candidate’s identified vocational and curricular needs.

**Examples:**

- HUMS or other acceptable courses that meet a student’s specific need: Workforce Specialty, Family Specialty, Restorative Justice, etc.
- Courses or a certificate from within the UA system (UAA, RHS, PWSCC, etc.) that are aligned with the human services degree program.

Below is a sample of courses that could be used to fulfill an interdisciplinary concentration in restorative justice for the human services degree.

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| HUMS F210  Crisis and Grief Counseling  3
| HUMS F290  Case Management  3
| JUST F110X  Introduction to Justice  3
| JUST F251X  Criminology  3
| SOC F201X  Social Problems and Solutions  3
For Students with the Rural Human Services Certificate

Up to 27 credits accepted as a block of courses

Minimum Requirements for Degree: 63 credits
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<td>PSY F240</td>
<td>Psychology of Development</td>
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<td>Complete three from the following:</td>
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