**A.A.S., HUMAN SERVICES**

**Concentrations: Addictions Counseling, Behavioral Health and Interdisciplinary Concentration**

**Minimum Requirements for Degree: 63 credits**  
Students must earn a C grade or better in each course.

<table>
<thead>
<tr>
<th>Code</th>
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</table>
| General University Requirements  
Complete the general university requirements. ([http://catalog.uaf.edu/certificates-associate](http://catalog.uaf.edu/certificates-associate)) |         |
| A.A.S. Degree Requirements  
Complete the A.A.S. degree requirements. ([http://catalog.uaf.edu/certificates-associate/summary-of-certificate-and-associate-degree-requirements/#associateofappliedsciencetext](http://catalog.uaf.edu/certificates-associate/summary-of-certificate-and-associate-degree-requirements/#associateofappliedsciencetext)) |         |
| Program Requirements  
HUMS F101  
HUMS F102  
HUMS F120  
HUMS F125X  
HUMS F202  
HUMS F215  
HUMS F232  
HUMS F233  
HUMS F301  
PSY F101X  
Introduction to Human Services  
Standards of Practice  
Cultural Diversity in Human Services  
Introduction to Addictive Processes  
Standards of Practice II  
Individual Interviewing  
Human Service Practicum I  
Human Service Practicum II  
Ethics in Human Service  
Introduction to Psychology | 3  
2  
3  
3  
1  
3  
3  
3  
3  
3  |
| Concentrations  
Complete one of the following concentrations:  
Addictions Counseling  
Behavioral Health  
Interdisciplinary Concentration  
INTERDISCIPLINARY CONCENTRATION a. The interdisciplinary concentration option is made available to students based on their individual needs and goals for specific vocational preparation. The interdisciplinary concentration will include 12 credits at the F200 level or above from the disciplines of social work, psychology, sociology, justice or human services. Three credits from these disciplines can be at the F100 level. b. The interdisciplinary concentration will be reviewed and approved by the human services program coordinator, another human services faculty member and a faculty member representing at least one other discipline. Criteria for the approval of the interdisciplinary concentration is based on the candidate's identified vocational and curricular needs. Examples:  
- HUMS or other acceptable courses that meet a student's specific need: Workforce Specialty, Family Specialty, Restorative Justice, etc.  
- Courses or a certificate from within the UA system (UAA, RHS, PWSCC, etc.) that are aligned with the human services degree program.  
Below is a sample of courses that could be used to fulfill an interdisciplinary concentration in restorative justice for the human services degree.  
<table>
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<tbody>
<tr>
<td>RHS F120</td>
<td>Family Systems I</td>
<td></td>
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</table>
| BEHAVIORAL HEALTH  
Complete the following:  
HUMS F205  
HUMS F210  
HUMS F280  
HUMS F290  
HUMS F305  
SOC F242  
Basic Principles of Group Counseling  
Crisis and Grief Counseling  
Prevention and Community Development  
Case Management  
Substance Abuse Counseling  
The Family: A Cross-cultural Perspective | 3  
3  
3  
3  
3  |
| Elective credits (approved by human services program coordinator) | 3 |
| If the student is a social work or justice major, then select one of the following in place of an elective:  
Social Work Majors:  
SWK F103X  
Introduction to Social Work  
Justice Majors:  
JUST F110X  
Introduction to Justice |         |
| ADDICTIONS COUNSELING  
Code       | Title                                              | Credits |
<table>
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<tbody>
<tr>
<td>HUMS F105</td>
<td>Personal Awareness and Growth</td>
<td>3</td>
</tr>
<tr>
<td>HUMS F205</td>
<td>Basic Principles of Group Counseling</td>
<td>3</td>
</tr>
<tr>
<td>or HUMS F210</td>
<td>Crisis and Grief Counseling</td>
<td>3</td>
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<tr>
<td>HUMS F250</td>
<td>Current Issues in Human Services (or any 1-credit course approved by the human services program)</td>
<td>1</td>
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<tr>
<td>HUMS F260</td>
<td>History of Alcohol in Alaska</td>
<td>1</td>
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<tr>
<td>HUMS F261</td>
<td>Substance Abuse Assessment: ASAM PPC II</td>
<td>1</td>
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<tr>
<td>HUMS F263</td>
<td>Fetal Alcohol Spectrum Disorder</td>
<td>1</td>
</tr>
<tr>
<td>HUMS F266</td>
<td>Co-occurring Disorders</td>
<td>2</td>
</tr>
<tr>
<td>HUMS F305</td>
<td>Substance Abuse Counseling</td>
<td>3</td>
</tr>
</tbody>
</table>
| Complete one of the following family courses:  
ECE F342  
HUMS F140  
PSY F240  
Family Relationships  
Family Dynamics  
Psychology of Development | 2-3  
3  
3  |
For Students with the Rural Human Services Certificate

Up to 27 credits accepted as a block of courses

**Minimum Requirements for Degree: 63 credits**
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<td><strong>Program Requirements</strong></td>
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<tr>
<td>HUMS F101</td>
<td>Introduction to Human Services</td>
<td>3</td>
</tr>
<tr>
<td>HUMS F301</td>
<td>Ethics in Human Service</td>
<td>3</td>
</tr>
<tr>
<td>PSY F101X</td>
<td>Introduction to Psychology</td>
<td>3</td>
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<tr>
<td>PSY F240</td>
<td>Psychology of Development</td>
<td>3</td>
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<td></td>
<td>Complete three from the following:</td>
<td>9</td>
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<tr>
<td>HUMS F205</td>
<td>Basic Principles of Group Counseling</td>
<td></td>
</tr>
<tr>
<td>HUMS F250</td>
<td>Current Issues in Human Services</td>
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<td>HUMS F280</td>
<td>Prevention and Community Development</td>
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