

A.A.S., HUMAN SERVICES

Concentrations: Addictions Counseling, Behavioral Health and Interdisciplinary Concentration

Minimum Requirements for Degree: 63 credits

Students must earn a C grade or better in each course.

Code	Title	Credits
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General University Requirements

Complete the general university requirements. (<http://catalog.uaf.edu/certificates-associate>)

A.A.S. Degree Requirements

Complete the A.A.S. degree requirements. (<http://catalog.uaf.edu/certificates-associate/summary-of-certificate-and-associate-degree-requirements/#associateofappliedsciencetext>)

Program Requirements

Code	Title	Credits
HUMS F101	Introduction to Human Services	3
HUMS F102	Standards of Practice	2
HUMS F120	Cultural Diversity in Human Services	3
HUMS F125X	Introduction to Addictive Processes	3
HUMS F202	Standards of Practice II	1
HUMS F215	Individual Interviewing	3
HUMS F232	Human Service Practicum I	3
HUMS F233	Human Service Practicum II	3
HUMS F301	Ethics in Human Service	3
PSY F101X	Introduction to Psychology	3

Concentrations

Complete one of the following concentrations: 12-21

Addictions Counseling

Behavioral Health

Interdisciplinary Concentration

Concentrations

ADDICTIONS COUNSELING

Code	Title	Credits
HUMS F105	Personal Awareness and Growth	3
HUMS F205 or HUMS F210	Basic Principles of Group Counseling Crisis and Grief Counseling	3
HUMS F250	Current Issues in Human Services (or any 1-credit course approved by the human services program)	1
HUMS F260	History of Alcohol in Alaska	1
HUMS F261	Substance Abuse Assessment: ASAM PPC II	1
HUMS F263	Fetal Alcohol Spectrum Disorder	1
HUMS F266	Co-occurring Disorders	2
HUMS F305	Substance Abuse Counseling	3
Complete one of the following family courses:		2-3
ECE F342	Family Relationships	
HUMS F140	Family Dynamics	
PSY F240	Psychology of Development	

RHS F120 Family Systems I

BEHAVIORAL HEALTH

Code	Title	Credits
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Complete the following:

HUMS F205	Basic Principles of Group Counseling	3
HUMS F210	Crisis and Grief Counseling	3
HUMS F280	Prevention and Community Development	3
HUMS F290	Case Management	3
HUMS F305	Substance Abuse Counseling	3
SOC F242	The Family: A Cross-cultural Perspective	3

Elective credits (approved by human services program coordinator) 3

If the student is a social work or justice major, then select one of the following in place of an elective:

Social Work Majors:

SWK F103X Introduction to Social Work

Justice Majors:

JUST F110X Introduction to Justice

INTERDISCIPLINARY CONCENTRATION

- The interdisciplinary concentration option is made available to students based on their individual needs and goals for specific vocational preparation. The interdisciplinary concentration will include 12 credits at the F200 level or above from the disciplines of social work, psychology, sociology, justice or human services. Three credits from these disciplines can be at the F100 level.
- The interdisciplinary concentration will be reviewed and approved by the human services program coordinator, another human services faculty member and a faculty member representing at least one other discipline. Criteria for the approval of the interdisciplinary concentration is based on the candidate's identified vocational and curricular needs.

Examples:

- HUMS or other acceptable courses that meet a student's specific need: Workforce Specialty, Family Specialty, Restorative Justice, etc.
- Courses or a certificate from within the UA system (UAA, RHS, PWSCC, etc.) that are aligned with the human services degree program.

Below is a sample of courses that could be used to fulfill an interdisciplinary concentration in restorative justice for the human services degree.

Code	Title	Credits
HUMS F210	Crisis and Grief Counseling	3
HUMS F290	Case Management	3
JUST F110X	Introduction to Justice	3
JUST F251X	Criminology	3
SOC F201X	Social Problems and Solutions	3

For Students with the Rural Human Services Certificate

Up to 27 credits accepted as a block of courses

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General University Requirements		
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A.A.S. Degree Requirements		
Complete the A.A.S. degree requirements. (http://catalog.uaf.edu/certificates-associate/summary-of-certificate-and-associate-degree-requirements/#associateofappliedsciencetext)		
Program Requirements		
HUMS F101	Introduction to Human Services	3
HUMS F301	Ethics in Human Service	3
PSY F101X	Introduction to Psychology	3
PSY F240	Psychology of Development	3
Complete three from the following:		9
HUMS F205	Basic Principles of Group Counseling	
HUMS F250	Current Issues in Human Services	
HUMS F280	Prevention and Community Development	
HUMS F290	Case Management	
HUMS F305	Substance Abuse Counseling	