

# PSYCHOLOGY B.A.

## Program Requirements

< Back to Department (<https://catalog.uaf.edu/academic-departments/psychology/>)

## Minimum Requirements for Psychology B.A.: 120 credits

**CONCENTRATIONS:** GENERAL (P. 1), APPLIED PROFESSIONAL (P. 1), GRADUATE SCHOOL PREPARATION (P. 1)

Students must earn a C- grade or better in each course.

Code	Title	Credits
<b>General University Requirements</b>		
Complete the general university requirements. ( <a href="https://catalog.uaf.edu/bachelors/#gurbachelorsdegreestext">https://catalog.uaf.edu/bachelors/#gurbachelorsdegreestext</a> )		
<b>General Education Requirements</b>		
Complete the general education requirements. ( <a href="https://catalog.uaf.edu/bachelors/#generaleducationrequirementstext">https://catalog.uaf.edu/bachelors/#generaleducationrequirementstext</a> )		35-40
<b>B.A. Degree Requirements</b>		
Complete the B.A. degree requirements. ( <a href="https://catalog.uaf.edu/bachelors/#bachelorofartstext">https://catalog.uaf.edu/bachelors/#bachelorofartstext</a> )		37
<b>Psychology Program Requirements</b>		
Complete the following:		
PSY F101X	Introduction to Psychology	3
PSY F250	Introductory Statistics for Social Sciences	3
PSY F275	Introduction to Social Science Research Methods	3
<b>Capstone</b>		
Complete one of the following:		3
PSY F401	Culture and Psychology	
PSY F469	Health Psychology <sup>1</sup>	
PSY F475	Research Design and Analysis in Psychology <sup>1</sup>	
PSY F499	Thesis <sup>1</sup>	
<b>Concentration</b>		
Complete one of the following:		24
General		
Applied Professional		
Graduate School Preparation		
<b>Electives</b>		
General Electives		7-12
<b>Total Credits</b>		<b>120</b>

<sup>1</sup> Students may count PSY F469, PSY F475 and PSY F499 toward the concentration they are listed under and as a capstone requirement, but still need 36 psychology credits to graduate.

**Note:** Students may not count more than 6 credits of any combination of PSY F497 and PSY F498 toward the major.

**Note:** Students may apply an unlimited number of PSY F392/PSY F492 and PSY F393/PSY F493 credits toward the degree provided the topics are different for each course.

**Note:** Students should work closely with an advisor to ensure completion of 39 upper-division credits for graduation.

## Concentrations GENERAL

The general concentration provides a lot of flexibility for students to explore the field of psychology and design their own programs.

This option is intended for students who have a general interest in psychology, desire maximum flexibility, or transfer into the degree program with a significant number of credits from other institutions.

Code	Title	Credits
<b>General Concentration Requirements</b>		
Complete the following:		
PSY Elective Courses <sup>2</sup>		24
<b>Total Credits</b>		<b>24</b>

<sup>2</sup> Up to 6 credits (faculty-approved) from other programs may be used.

## APPLIED PROFESSIONAL

The applied professional concentration provides opportunities for students to build professional skills and competencies for a variety of workplaces. The course choices reflect the department's focus on health and wellness. They are applicable to both health-oriented and business settings.

This option is intended for students who expect to enter the job market soon after graduation.

Code	Title	Credits
<b>Applied Professional Concentration Requirements</b>		
Complete four of the following:		12
PSY F123X	Sleepless in Alaska: Sleep, Health and You	
PSY F309	Psychology of Stress	
PSY F390	Psychology of Work	
PSY F430	Rural and Alaska Native Psychology	
PSY F445	Community Psychology	
PSY F469	Health Psychology	
PSY F475	Research Design and Analysis in Psychology	
PSY Elective Courses <sup>2</sup>		12
<b>Total Credits</b>		<b>24</b>

<sup>2</sup> Up to 6 credits (faculty-approved) from other programs may be used.

## GRADUATE SCHOOL PREPARATION

The graduate school preparation concentration provides a focus on core content and research competencies needed for successful applications to master's and doctoral programs.

This option is intended for students who plan on going to graduate school, including graduate programs outside of psychology such as other health fields and law.

Code	Title	Credits
<b>Graduate School Preparation Concentration Requirements</b>		
Complete three of the following:		9
PSY F240	Psychology of Development	
PSY F304	Personality	
PSY F330	Social Psychology	
PSY F335	Brain and Behavior	
PSY F440	Theories of Learning	
Complete one of the following:		3
PSY F475	Research Design and Analysis in Psychology <sup>3</sup>	
PSY F480	Qualitative Social Science Research	
PSY F498	Research	
PSY F499	Thesis <sup>3</sup>	
Complete 12 PSY Elective Credits <sup>2</sup>		12
<b>Total Credits</b>		<b>24</b>

<sup>2</sup> Up to 6 credits (faculty-approved) from other programs may be used.

<sup>3</sup> Fulfills the baccalaureate capstone requirement.