

Human Services A.A.S.

Program Requirements

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Minimum Requirements for Human Services A.A.S.: 60 credits

Students must earn a C- grade or better in each course.

Code	Title	Credits
General University Requirements		
Complete the general university requirements. (https://catalog.uaf.edu/associates/#gurassociatedegreestext)		
A.A.S. Degree Requirements		
Complete the A.A.S. degree requirements. (https://catalog.uaf.edu/associates/#AASrequirementstext)		9-15
As part of the A.A.S. requirements, complete the following:		
<i>Communication</i>		
WRTG F211X	Writing and the Humanities	
or WRTG F212X	Writing and the Professions	
or WRTG F213X	Writing and the Sciences	
or WRTG F214X	Arguing Across Contexts	
<i>Human Relations</i>		
Complete one of the following:		
HUMS F120	Cultural Diversity in Human Services	
RHS F110 and RHS F115	Cross-cultural Bridging Skills and Issues of Personal Development	
Human Services Program Requirements		
Complete the following:		
HUMS F101	Introduction to Human Services	3
or SWK F103X	Introduction to Social Work	
HUMS F205	Basic Principles of Group Counseling	3
HUMS F301	Ethics in Human Service	3
or SWK F220	Ethics, Values and Social Work Practice	
PSY F111X	Introduction to Psychology	3
PSY F240	Psychology of Development	3
Complete one of the following tracks:		30-34
General		
Rural Human Services Certificate		
Total Credits		60

Tracks

General Track

Code	Title	Credits
General Track Requirements		
Complete the following:		
HUMS F125X	Introduction to Addictive Processes	3
HUMS F140	Family Systems	3
HUMS F220	Counseling Strategies for Individuals	3
HUMS F232	Human Service Practicum I	3
HUMS F233	Human Service Practicum II	3

HUMS F285	Case Management and Community Development	3
HUMS F305	Substance Abuse Counseling	3
Complete three of the following:		9
ANTH F100X	Individual, Society and Culture	
or SOC F101X	Introduction to Sociology	
ANS F242X	Indigenous Cultures of Alaska	
or ANTH F242	Native Cultures of Alaska	
HUMS F185X	Science of Happiness and Well-Being	
HUMS F250	Current Issues in Human Services (3 credits)	
HUMS F275	Contemporary Practices in Addiction Studies	

Total Credits 30

Rural Human Services Certificate Track

Code	Title	Credits
Rural Human Services Certificate Track Requirements		
Complete the RHS Certificate ¹		28
Complete two of the following:		6
HUMS F185X	Science of Happiness and Well-Being	
HUMS F250	Current Issues in Human Services (3 credits)	
HUMS F275	Contemporary Practices in Addiction Studies	
HUMS F305	Substance Abuse Counseling	
Total Credits		34

¹ 28 credits from the Rural Human Services Certificate program translate directly to fulfill the A.A.S. program requirements.

Roadmaps

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Roadmaps are recommended semester-by-semester plans of study for programs and assume full-time enrollment unless otherwise noted.

- This roadmap should be used in conjunction with regular academic advising appointments. All students are encouraged to meet with their advisor or mentor each semester.
- Some courses and milestones must be completed in the semester listed to ensure timely graduation.
- Transfer credit may change the roadmap.
- Requirements, course availability and sequencing are subject to change.
- Courses with (*) are recommended.

General Track

First Year	Credits Spring	Credits
Fall		
HUMS F117 (*) ¹⁰	3 HUMS F120, RHS F110, or RHS F115 ¹³	3
PSY F111X ²⁰	3 HUMS F125X ²⁰	3
WRTG F111X ¹	3 PSY F240 ²⁰	3

Complete one of the following: ¹	3	Program Elective	3
COM F121X	3	Complete one of the following: ¹	3
COM F131X		WRTG F211X	
COM F141X (*)		WRTG F212X	
Complete one of the following: ²⁰	3	WRTG F213X (*)	
HUMS F101 (*)		WRTG F214X	
SWK F103X			
	15		15

Second Year

Fall	Credits	Spring	Credits
HUMS F140 ²⁰	3	HUMS F205 ²⁰	3
HUMS F220 ²⁰	3	HUMS F233 ²⁰	3
HUMS F232 ²⁰	3	HUMS F285 ²⁰	3
HUMS F305 ²⁰	3	Program Elective	3
Program Elective	3	Complete one of the following: ²⁰	3
		HUMS F301 (*)	
		SWK F220	
	15		15

Total Credits 60

Footnote Definitions

General Education Requirements	Degree Requirements	Program & Other Requirements
1—Communication	8—Alaska Native-themed	20—Program Requirement
2—Arts	9—Communication	21—Capstone Requirement
3—Humanities	10—Computation	22—Concentration Course
4—Social Sciences	11—Ethics	23—General Elective
5—Additional Arts, Humanities or Social Sciences	12—Humanities	24—Minor Course
6—Mathematics	13—Human Relations	25—Upper Division
7—Natural Sciences	14—Humanities or Social Sciences	26—Program Elective
	15—Library & Information Research	
	16—Mathematics	
	17—Natural Sciences	
	18—Other	
	19—Social Sciences	

Rural Human Services Certificate Track

First Year

Fall	Credits	Spring	Credits
HUMS F117 (*) ¹⁰	3	HUMS F120, RHS F110, or RHS F115 ¹³	3
PSY F111X ²⁰	3	HUMS F205 ²⁰	3
WRTG F111X ¹	3	Complete one of the following: ¹	3

Complete one of the following: ²⁰	3	COM F121X	
HUMS F101 (*)		COM F131X	
SWK F103X		COM F141X (*)	
		Complete one of the following: ²⁰	3
		HUMS F301 (*)	
		SWK F220	
	12		12

Second Year

Fall	Credits
PSY F240 ²⁰	3
Program Elective	3
Program Elective	3
Complete one of the following: ¹	3
WRTG F211X	
WRTG F212X	
WRTG F213X (*)	
WRTG F214X	
	12

Total Credits 36

Footnote Definitions

General Education Requirements	Degree Requirements	Program & Other Requirements
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	15—Library & Information Research	
	16—Mathematics	
	17—Natural Sciences	
	18—Other	
	19—Social Sciences	

Learning Outcomes

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Learning Outcomes are measurable statements that describe knowledge or skills achieved by students upon completion of the program.

Students graduating from this program will be able to:

- Demonstrate cultural sensitivity with particular knowledge and understanding of the Alaskan rural community contexts, cultures, and relevant issues
- Have a generalist understanding of human service ethics
- Obtain vocational, technical, career training and education at associate degree levels; and which meets workforce recognized credentialing
- Examine, investigate, and interpret a variety of concepts concerned with the study of the social life of groups and individuals useful to human service providers and implement appropriate counseling skills