

COMMUNITY HEALTH (CHP)

CHP F131 Community Health Aide I

8 Credits

Offered As Demand Warrants

Introduction to providing village primary health care services with remote supervision of a physician. Topics include CHP standard of care, use of the CHA/P Manual, history-taking and physical exam, lab tests, reporting to the physician, medical charting and medication administration. Supervised clinical experiences prepare the student to conduct patient evaluation of common village health problems of children and adults. Introduction to human anatomy and function, wellness and disease concepts, crisis intervention and emergency care. A 200-hour field component at the students' village clinic follows the didactic program.

Prerequisites: Employed as CHA by a health corporation.

Lecture + Lab + Other: 8 + 0 + 0

CHP F132 Community Health Aide II

8 Credits

Offered As Demand Warrants

Reinforces problem-oriented patient encounter process. Includes patient education, introduction to prenatal and well child care, sexually transmitted diseases, HIV, substance abuse, mental illness and death and dying issues. Session I material and emergency care are reinforced and expanded upon. Includes 200-hour field component at the student's village clinic.

Prerequisites: CHP F131.

Lecture + Lab + Other: 8 + 0 + 0

CHP F133 Community Health Aide III

8 Credits

Offered As Demand Warrants

Session II content reinforced and expanded upon. Additional topics include prenatal care, family planning, fetal alcohol syndrome, emergency delivery techniques, newborn and well child care including immunizations, nutrition, dental health, adult health surveillance, family violence and sexual abuse/rape and clinic management. A 200-hour field component at the students' village clinic follows the didactic program.

Prerequisites: CHP F132.

Lecture + Lab + Other: 8 + 0 + 0

CHP F134 Community Health Aide IV

8 Credits

Offered As Demand Warrants

Common patient problems within the body systems are reviewed with a focus on assessment skills and management plans. Previous session content is reviewed. Follow-up care for patients with chronic illness, injury prevention, tuberculosis, cancer, environmental health, post partum care, adolescent care and older adult/elder care. A 200-hour field component at the students' village clinic follows the didactic program.

Prerequisites: CHP F133.

Lecture + Lab + Other: 8 + 0 + 0

CHP F135 Community Health Aide Preceptorship

2 Credits

Offered As Demand Warrants

Supervised primary care clinical experience. Minimum of 30 contact hours of direct patient care required. Students provide patient care in a variety of clinical settings including outpatient (acute and emergency care), prenatal, well child and chronic care clinics. Additional experiences are scheduled with the referral center (hospital) departments.

Prerequisites: CHP F134.

Lecture + Lab + Other: 2 + 0 + 0

CHP F203 Clinical Update for Community Health Practitioners

1-3 Credits

Offered As Demand Warrants.

Review, update and reinforcement of knowledge and skills taught in CHP F131, CHP F132, CHP F133 and CHP F134. Emphasis is on patient evaluation skills, use of the manual, patient treatment plan, medicines, prenatal care, well-child care, chronic patient care and emergency care. Clinical training is provided. Also offered as pass/fail as CHP F203P.

Prerequisites: CHP F134.

Lecture + Lab + Other: 1-3 + 0 + 0

CHP F203P Clinical Update for Community Health Practitioners

1-3 Credits

Offered as Demand Warrants

Review, update and reinforcement of knowledge and skills taught in CHP F131, CHP F132, CHP F133 and CHP F134. Emphasis is on patient evaluation skills, use of the manual, patient treatment plan, medicines, prenatal care, well-child care, chronic patient care and emergency care. Clinical training is provided.

Prerequisites: CHP F134.

Lecture + Lab + Other: 1-3 + 0 + 0

CHP F207 Maternal and Infant Health

1-3 Credits

Offered As Demand Warrants

Review of the anatomy of the reproductive system, family planning, pregnancy, fetal development, prenatal care, prenatal education, emergency delivery, postpartum care for mother and baby, and well-child evaluations and immunizations.

Prerequisites: CHP F134.

Lecture + Lab + Other: 1-3 + 0 + 0

CHP F208 Communicable Diseases

1-3 Credits

Offered As Demand Warrants

Expands concepts in relation to diagnosis, management and prevention of sexually transmitted diseases. Skills taught include male and female genitalia exam, pelvic exam, pap smear, gonorrhea culture and chlamydia culture. Prevention and patient education are emphasized.

Prerequisites: CHP F134.

Lecture + Lab + Other: 1-3 + 0 + 0

CHP F210 CHAM Use and Documentation (a)

1 Credit

Review and explore many types of patient encounters encompassed by the scope of practice of the Alaska Community Health Aide/Practitioner (CHA/P). Focus is on professional standard of care issues and provision of competent and legal documentation of patient encounters. Emphasis on proper use of the Alaska Community Health Aide/Practitioner (CHAM) to conduct and document the encounter and its legal significance. Special restrictions: Employed as a Community Health Aide by a Native Tribal Health Organization.

Prerequisites: CHP F131; CHP F132.

Lecture + Lab + Other: 0 + 0 + 32

CHP F211 Health Education

1-3 Credits

Offered As Demand Warrants

Methods and philosophy of health education, use and sources of audiovisual materials, presentation planning and participation in school and community health programs are included. A variety of teaching methods including role playing for individual and group presentations permit CHPs to practice their health education knowledge and skills.

Lecture + Lab + Other: 1-3 + 0 + 0

CHP F212 Diabetes: Primary Prevention and Village Medical Care

1-3 Credits

Offered As Demand Warrants

Pathophysiology, primary prevention and follow-up treatment of the disease diabetes. Topics include the problem of Type II diabetes in rural Alaska, CHP role in the village health care system, Type I and Type II diabetes, primary prevention of Type II diabetes, village medical care and referral, patient education, emergency care and diabetes medications. The clinical training portion of the course is available for Community Health Aides/Practitioners only.

Lecture + Lab + Other: 1-3 + 0 + 0

CHP F214 Cancer: Risks, Diagnosis and Treatment

3 Credits

Offered Spring, As Demand Warrants

Causes and facts about cancer in the Alaska Native population. Includes cancer risk factors, healthy lifestyle behaviors and the importance of early screening. Presents cancer diagnosis and treatment. Explores pain management, loss and grief. Includes self-care, stress and burnout issues for family and caregivers.

Recommended: CHP F134.

Lecture + Lab + Other: 3 + 0 + 0

CHP F215 Death and Dying

3 Credits

Offered As Demand Warrants

Focusing on contemporary primary care issues relating to death and dying. Improving individual coping skills in loss and grief situations. Topics include theories of grief and loss, care of the terminally ill patient, suicide, euthanasia, traumatic death and neonatal death. Cultural perspectives on dying, body preparation, burial rites, advanced directives, death certificates and legal issues reviewed.

Lecture + Lab + Other: 3 + 0 + 0

CHP F220 Women's Health: Breast and Cervical Cancer Screening

2 Credits

Offered As Demand Warrants

Review of anatomy, physiology and pathophysiology of the female breasts and genitals, with reinforcement of identification of risk factors as they relate to the development of breast and cervical cancer. Skills taught include female breast and genital history taking, examination to include Pap, chlamydia and gonorrhea specimen collection, development of appropriate assessments and plans. Areas emphasized: prevention and/or early detection.

Prerequisites: CHP F134.

Lecture + Lab + Other: 2 + 0 + 0

CHP F250 Current Issues in Rural Health Care

1-3 Credits

Offered As Demand Warrants

Selected current issues in medical education intended for, but not limited to, community health aides/practitioners with emphasis on expanding concepts relating to understanding, diagnosis and management of illnesses common to rural Alaskan communities. May be repeated for credit. Community Health majors may apply up to a maximum of three credits towards the F200-level major specialty requirements for an A.A.S. degree.

Lecture + Lab + Other: 1-3 + 0 + 0