A.A.S., HUMAN SERVICES

Concentrations: Addictions Counseling, Behavioral Health and Interdisciplinary Concentration

Minimum Requirements for Degree: 63 credits

Students must earn a C grade or better in each course.

General University Requirements
Complete the general university requirements. (http://catalog.uaf.edu/certificates-associate)

A.A.S. Degree Requirements
Complete the A.A.S. degree requirements. (http://catalog.uaf.edu/certificates-associate/summary-of-certificate-and-associate-degree-requirements/#associateofappliedsciencetext)

Program Requirements
HUMS F101 Introduction to Human Services 3
HUMS F102 Standards of Practice 2
HUMS F120 Cultural Diversity in Human Services 3
HUMS F125X Introduction to Addictive Processes 3
HUMS F202 Standards of Practice II 1
HUMS F215 Individual Interviewing 3
HUMS F232 Human Service Practicum I 3
HUMS F233 Human Service Practicum II 3
HUMS F301 Ethics in Human Service 3
PSY F101X Introduction to Psychology 3

Concentrations
Select one from the following concentrations: 12-21

Addictions Counseling
Behavioral Health
Interdisciplinary Concentration

Total Credits 39-48

Concentrations
ADDITIONS COUNSELING
HUMS F105 Personal Awareness and Growth 3
HUMS F205 Basic Principles of Group Counseling 3
or HUMS F210 Crisis and Grief Counseling 3
HUMS F260 History of Alcohol in Alaska 1
HUMS F261 Substance Abuse Assessment: ASAM PPC II 1
HUMS F263 Fetal Alcohol Spectrum Disorder (FASD) 1
HUMS F266 Co-occurring Disorders 2
HUMS F305 Substance Abuse Counseling 3
HUMS F250 Current Issues in Human Services (or any 1 credit course approved by the Human Services Program) 1

Select one from the following family courses: 2-3
ECE F342 Family Relationships
HUMS F140 Family Dynamics
RHS F120 Family Systems I

BEHAVIORAL HEALTH
HUMS F205 Basic Principles of Group Counseling 3
HUMS F210 Crisis and Grief Counseling 3
HUMS F280 Prevention and Community Development 3
HUMS F290 Case Management 3
HUMS F305 Substance Abuse Counseling 3
SOC F242 The Family: A Cross-Cultural Perspective 3

Elective credits (approved by Human Services Program Coordinator)
If the student is a social work or justice major, then select one of the following in place of an elective:
Social Work Majors:
SWK F103X Introduction to Social Work
Justice Majors:
JUST F110X Introduction to Justice

Total Credits 21

INTERDISCIPLINARY CONCENTRATION
a. The interdisciplinary concentration option is made available to students based on their individual needs and goals for specific vocational preparation. The interdisciplinary concentration will include 12 credits at the F200 level or above from the disciplines of social work, psychology, sociology, justice or human services. Three credits from these disciplines can be at the F100 level.
b. The interdisciplinary concentration will be reviewed and approved by the Human Services Program Coordinator, another human services faculty member and a faculty member representing at least one other discipline. Criteria for the approval of the interdisciplinary concentration is based on the candidate’s identified vocational and curricular needs.

Examples:
- HUMS or other acceptable courses that meet a student’s specific need: Workforce Specialty, Family Specialty, Restorative Justice, etc.
- Courses or a certificate from within the UA system (UAA, RHS, PWSCC, etc.) that are aligned with the human services degree program.
- Example of possible interdisciplinary concentration of human services in restorative justice:
  HUMS F210 Crisis and Grief Counseling 3
  HUMS F290 Case Management 3
  JUST F110X Introduction to Justice 3
  JUST F251X Criminology 3
  SOC F201X Social Problems and Solutions 3

For Students with the Rural Human Services Certificate
Up to 27 credits accepted as a block of courses

Minimum Requirements for Degree: 63 credits
Students must earn a C grade or better in each course.

**General University Requirements**
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**A.A.S. Degree Requirements**
Complete the A.A.S. degree requirements. (http://catalog.uaf.edu/certificates-associate/summary-of-certificate-and-associate-degree-requirements/#associateofappliedsciencetext)

**Program Requirements**

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<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>HUMS F101</td>
<td>Introduction to Human Services</td>
<td>3</td>
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<tr>
<td>HUMS F301</td>
<td>Ethics in Human Service</td>
<td>3</td>
</tr>
<tr>
<td>PSY F101X</td>
<td>Introduction to Psychology</td>
<td>3</td>
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<tr>
<td>PSY F240</td>
<td>Psychology of Development</td>
<td>3</td>
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Select three from the following: 9

<table>
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<tr>
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<tbody>
<tr>
<td>HUMS F280</td>
<td>Prevention and Community Development</td>
</tr>
<tr>
<td>HUMS F290</td>
<td>Case Management</td>
</tr>
<tr>
<td>HUMS F305</td>
<td>Substance Abuse Counseling</td>
</tr>
<tr>
<td>HUMS F250</td>
<td>Current Issues in Human Services</td>
</tr>
</tbody>
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Total Credits 21