

HUMAN SERVICES A.A.S.

Program Requirements

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Minimum Requirements for Human Services A.A.S.: 63 credits

CONCENTRATIONS: ADDICTIONS COUNSELING (P. 1), BEHAVIORAL HEALTH (P. 1) AND INTERDISCIPLINARY CONCENTRATION (P. 1)

Students must earn a C grade or better in each course.

Code	Title	Credits
General University Requirements		
Complete the general university requirements. (https://catalog.uaf.edu/associates/#gurassociatedegreeextent)		
A.A.S. Degree Requirements		
Complete the A.A.S. degree requirements. (https://catalog.uaf.edu/associates/#AASrequirementstext)		15
Human Services Program Requirements		
Complete the following:		
HUMS F101	Introduction to Human Services	3
or SWK F103X	Introduction to Social Work	
HUMS F102	Standards of Practice	2
HUMS F120	Cultural Diversity in Human Services	3
HUMS F125X	Introduction to Addictive Processes	3
HUMS F202	Standards of Practice II	1
HUMS F215	Individual Interviewing	3
HUMS F232	Human Service Practicum I	3
HUMS F233	Human Service Practicum II	3
HUMS F301	Ethics in Human Service	3
or SWK F220	Ethics, Values and Social Work Practice	
PSY F101X	Introduction to Psychology	3
Concentration		
Complete one of the following:		15-21
Addictions Counseling		
Behavioral Health		
Interdisciplinary Concentration		
Electives		
General Electives		0-6
Total Credits		63

Concentrations

ADDICTIONS COUNSELING

Code	Title	Credits
Addictions Counseling Concentration Requirements		
Complete the following:		
HUMS F105	Personal Awareness and Growth	3
HUMS F205	Basic Principles of Group Counseling	3
or HUMS F210	Crisis and Grief Counseling	

HUMS F250	Current Issues in Human Services (or any 1-credit course approved by the human services program)	1
HUMS F260	History of Alcohol in Alaska	1
HUMS F261	Substance Abuse Assessment: ASAM PPC II	1
HUMS F263	Fetal Alcohol Spectrum Disorder	1
HUMS F266	Co-occurring Disorders	2
HUMS F305	Substance Abuse Counseling	3
Complete one of the following family courses:		2-3
ECE F342	Family Relationships	
HUMS F140	Family Dynamics	
PSY F240	Psychology of Development	
RHS F120	Family Systems I	
Total Credits		17-18

BEHAVIORAL HEALTH

Code	Title	Credits
Behavioral Health Concentration Requirements		
Complete the following:		
HUMS F205	Basic Principles of Group Counseling	3
HUMS F210	Crisis and Grief Counseling	3
HUMS F280	Prevention and Community Development	3
HUMS F290	Case Management	3
HUMS F305	Substance Abuse Counseling	3
PSY F240	Psychology of Development	3
or PSY F245	Child Development	
Elective credits (approved by human services program coordinator)		3
If the student is a social work or justice major, then select one of the following in place of an elective:		
<i>Social Work Majors:</i>		
SWK F103X	Introduction to Social Work	
<i>Justice Majors:</i>		
JUST F110X	Introduction to Justice	
Total Credits		21

INTERDISCIPLINARY CONCENTRATION

- The interdisciplinary concentration option is made available to students based on their individual needs and goals for specific vocational preparation. The interdisciplinary concentration will include 12 credits at the F200 level or above from the disciplines of social work, psychology, sociology, justice or human services. Three credits from these disciplines can be at the F100 level.
- The interdisciplinary concentration will be reviewed and approved by the human services program coordinator, another human services faculty member and a faculty member representing at least one other discipline. Criteria for the approval of the interdisciplinary concentration are based on the candidate's identified vocational and curricular needs.

Examples:

- HUMS or other acceptable courses that meet a student's specific need: Workforce Specialty, Family Specialty, Restorative Justice, etc.

- Courses or a certificate from within the UA system (UAA, RHS, PWSCC, etc.) that are aligned with the human services degree program.

Below is a sample of courses that could be used to fulfill an interdisciplinary concentration in restorative justice for the human services degree.

Code	Title	Credits
HUMS F210	Crisis and Grief Counseling	3
HUMS F290	Case Management	3
JUST F110X	Introduction to Justice	3
JUST F251X	Criminology	3
SOC F201X	Social Problems and Solutions	3
Total Credits		15

For Students with the Rural Human Services Certificate

Up to 27 credits accepted as a block of courses.

MINIMUM REQUIREMENTS FOR HUMAN SERVICES A.A.S. DEGREE: 63 CREDITS

Students must earn a C grade or better in each course.

Code	Title	Credits
General University Requirements		
Complete the general university requirements. (https://catalog.uaf.edu/associates/#gurassociatedegreeextent)		
A.A.S. Degree Requirements		
Complete the A.A.S. degree requirements. (https://catalog.uaf.edu/associates/#AASrequirementstext)		15
Human Services Program Requirements		
Complete the following:		
HUMS F101 or SWK F103X	Introduction to Human Services Introduction to Social Work	3
HUMS F301 or SWK F220	Ethics in Human Service Ethics, Values and Social Work Practice	3
PSY F101X	Introduction to Psychology	3
PSY F240	Psychology of Development	3
Complete three of the following:		9
HUMS F205	Basic Principles of Group Counseling	
HUMS F250	Current Issues in Human Services	
HUMS F280	Prevention and Community Development	
HUMS F290	Case Management	
HUMS F305	Substance Abuse Counseling	
Total Credits		36